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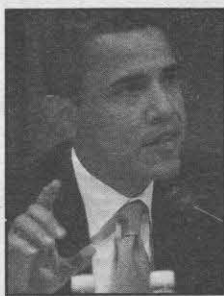
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*a bit of latin flavor y salsa*

Get your dance and chip-dip on.

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## CATHOLICS FOR OBAMA?

Students respond to Dr. Kane's articles

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REGIS UNIVERSITY

# Highlander

a weekly publication



Serving the Regis community since 1888

Volume 91, Issue 6

www.regishighlander.com

Monday, October 13, 2008



The Fortune family unveils a plaque dedicating the Kathy Fortune plaza, between Main Hall and the St. John Francis Regis Chapel, during a ceremony last Thursday.

PHOTO BY Josh Hardin

## Faith, voting, and campus conversation

**Robert House**  
Contributing Reporter

Despite the perks of "getting to know your professor" or "having more in-depth discussions," the "small class" rhetoric can also go stale, especially when only a few people speak up, show up to class, or do the reading. The same goes for campus-wide conversations: if students and faculty remain unengaged in conversation, there is in essence, no conversation.

For senior Derek Miller, the small number of students that attended the "Conscience at the Ballot Box" forum held last Wednesday night, Oct. 8, represented such a limited discussion. Miller wished more students were there. In particular, he was looking forward to hearing other students' perspectives on faith and voting.

At the event, Miller, a liberal Catholic, shared that while he believes many good dialogues have been happening on campus, there is one glaring hole in the discussion about the presi-

dential race: If Catholics aren't supposed to vote for Obama because of his stance on abortion, who can he vote for? Miller asked. He calls it a "default problem."

"It isn't specifically stated," Miller said, "but if I am to discount voting for Obama because of the abortion issue, I feel like as a Catholic I can't really vote for John McCain either for a lot of other issues."

Miller is also apprehensive about voting for a third party candidate. He fears his vote would go to waste amidst intense partisan politics.

So what are voters of faith to do? For Miller, the answer lies in more of the Regis community being willing to jump into the conversation.

### Discerning different values

In light of the presidential election, some faculty and students have willingly shared their perspectives however, slowly spurring conversation over the fundamental beliefs grounding Catholicism, and therefore, for whom

to vote.

For instance, in addition to the "Conscience at the Ballot Box" event, led by the Mission Office, Fr. Michael Sheeran, S.J., president of the University, stressed in a "Dialogue" pamphlet that voters have a preferential option for the poor, the foundational ethic of Catholic social teaching.

The same goes for campus-wide conversations: if students and faculty remain unengaged in conversation, there is in essence, no conversation.

Fr. Sheeran also called for each student to work for the common good through their daily actions. "We should remember that not all social problems are best resolved through legislation or the political process," he wrote. "We must remember that we are all called on by a loving God to make a good world better through our

individual efforts and personal care for others."

Another group has also been active in this year's election conversation on campus. The group, originally called "Vote Your Values," is comprised of faculty, staff, and students from University Ministry, Institute for the Common Good, Student Activities, and

the Highlander. The group organized last month's week long voter registration drive, held Sept. 21-24, and is now focusing on helping students make informed decisions when they vote.

See Campus Conversation on page 4



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## 'Coming Out' panel encourages dialogue, diversity

Sarah Franzino  
Staff Reporter

Last Wednesday afternoon, Oct. 8, Sandra Mitchell, assistant provost for diversity, began the EROS "Coming Out" panel by quoting Audre Lorde, a Caribbean writer, poet, and activist: "I have come to believe over and over again, that what is most important to me must be spoken, made verbal and shared even at the risk of having it bruised or misunderstood. That their speaking profits me beyond any other effect."

EROS, which stands for "Education Regarding Orientation and Sexuality,"

is the new name for the Gay-Straight Alliance, which aims to increase understanding and open-acceptance of sexual orientation. The name also more clearly reflects EROS' goal to "to make the community more aware of the hardships [of coming out], because it isn't easy to always have the fear of being rejected by friends, family and society," said senior Robert House, the club's president.

This year's first diversity dialogue, planned by House, brought together an intimate group of about twenty students, teachers and Denver residents.

See 'Coming Out' on page 5

## "Prozac Nation" to be shown for Depression Awareness Day

Bobby Guerrero  
Staff Reporter

Today is Depression Awareness and Screening Day. In recognition of the event, Active Minds, a student group looking to demystify the stigmas surrounding mental health, is sponsoring the screening of "Prozac Nation" tonight in the Ranger Grille from 7:30 to 9 p.m.

The film, starring Christina Ricci and Jason Biggs, is the story of a young woman struggling to get through college while battling severe depression. Based on the best-selling autobiography of Elizabeth Wurtzel, the film portrays the harsh debilitating effects of depression.

"That's the thing about depression: A human being can survive almost anything, as long as she sees the end in sight. But depression is so insidious, and it compounds daily, that it's impossible to ever see the end. The fog

is like a cage without a key," Wurtzel writes in her book.

Dr. Sally Spencer-Thomas, the faculty sponsor of Active Minds, and a major advocate of mental health awareness encourages students to watch the film.

"We hope that students can gain an appreciation for the power of mental illness," she said, "for the struggles people can experience when they are fighting for their lives, and for the hope they can gain" after getting through the darkness of depression.

The movie is intended to encourage dialogue on the issue of depression, an often-times misunderstood illness that can be easily "snapped out of." Following the screening, viewers are welcome to stay to talk about the illness and other concerns about mental health.

Learn more about depression and its effects on page 6.

## PROZAC NATION



**MOVIE VIEWING**  
**OCTOBER 13TH, 7:30-9:00 PM**  
**RANGER GRILLE**

BRIEF DISCUSSION TO FOLLOW

In recognition of Depression Awareness and Screening Day



**Contact the Highlander**  
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As the staff of the Regis University weekly publication, the *Highlander*, we intend to serve the campus and the neighborhood by providing a forum for news, information and exploring ideas. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

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## Campus Conversation from front page

(To further assist students and faculty in their understanding of important issues concerning the election, the group is holding a time of prayer and discernment in the St. John Francis Regis Chapel at 9 p.m.)

Erin Benson, coordinator of Faith and Justice learning, believes providing a time of "Ignatian discernment," a kind of prayer that involves conscious reflection, will be helpful for students to think deeply about the election issues.

For Benson, discernment is not just "asking God to come into the process" but also is a time to "be with God as we think about how we will vote," she said.

Katie Maslanka, Romero House coordinator, also believes the decision on whether or not to vote, and who to vote for, should involve a person's faith. In particular, she stresses the importance of getting away from the talking points of both sides. To Maslanka, discernment offers some time to "just be with God in the matters of voting."

Faith and voting for Miller, Benson, and Maslanka are clearly interconnected.

### Catholics for Obama? Regis and the National perspective

Dr. John Kane, professor of Religious Studies, also thinks faith and voting need to intersect, particularly for students of faith. Staunch beliefs without deep thought, according to Kane, is not true discernment, and only hinders the possibility of a fruitful campus conversation. On the other hand, strong convictions supported by "great thought and prayer," Kane believes, is what makes the discernment process successful.

Kane, who has written columns for the last three issues of *The Highlander*, managed to spark a few heated responses. His perspective echoes the national debate over whether a "true" Catholic can also be a democrat.

Kane's three columns, titled "Catholics for Obama?," "Economics and the Right to Life," and the "War in Iraq and the Right to Life" especially focused on the concept of being "pro-life," and noted that "Yes," a Catholic can vote for Obama, "But it's not that simple."

Nicholas P. Cafardi and Douglas W. Kmiec, both prominent Catholic legal scholars, former deans of law schools and staunchly anti-abortion, have recently voiced their support of Obama.

"I'm Catholic, staunchly anti-abortion, and support Obama," wrote Nicholas P. Cafardi, of Duquesne University School of Law, in the *The National Catholic Reporter*. "Every faithful Catholic agrees that abortion is an unspeakable evil that must be minimized, if not eliminated." Yet, Cafardi stressed that other issues are also considered "intrinsically evil" by the U.S. Bishops, who issued a statement last November, "Forming Consciences for Faithful Citizenship." The document's 30 pages included detailed views on unjust war, torture, and ignoring the poor.

Similarly, Richard R. Gaillardetz, a Catholic Studies professor at the University of Toledo wrote, "I have come to believe that the true 'pro-life' candidate is not the one who champions opposition to Roe v. Wade...[but one] who is supporting social policies proven to reduce abortions, policies that would extend substantial financial and health-care assistance to poor families facing unplanned pregnancies..."

Nonetheless, abortion remains the key issue for many Catholics to not

vote for Obama.

For instance, Bishop Leonard P. Blair strongly refuted Gaillardetz, arguing instead, that Catholics "Reject the Freedom of Choice Act."

"The failure to protect and defend life in its most vulnerable stages renders suspect any claims to the 'rightness of positions in other matters affecting the poorest and least powerful of the human community,'" Blair wrote.

"The move from principles to practice in a messy world should not be easy," Kane asserts, and realizes that intersecting faith and political life is not so black and white. Instead, Kane hopes students try to deeply involve themselves in the campus dialogue surrounding the election, and to deeply consider the issues, rather than quickly jumping to conclusions, which in the end, closes off any conversation.

### Fiery responses amidst the gray

Dr. Kane's articles, like Cafardi's and Gaillardetz's, have fueled heated comments on the *Highlander* website.

One poster, Christina, wrote with a bit of sarcasm: "For a party with a 'pro-life' position, as voiced by its current candidates, war seems to be considered a 'pro-life' action, as does profiteering on the slavery of individuals in other countries."

Lori Jones disagreed, posting: "The right of an unborn child is where all these 'other' life issues begin."

Some Regis students have also taken steps to address Dr. Kane's articles as well.

Senior Josh Meier follows more along Jones' argument. He equates abortion with the Holocaust, and Roe v. Wade to a weak foundation for all other rights.

"My Catholic faith is not independent from me," Meier wrote. "Every decision I make is influenced by my faith. In fact, my Catholic faith and

my belief that it is my obligation to protect the unborn are the main reasons why I am writing this article." (Meier was offered an interview for this article but declined.)

Another senior, Drew Jones, also shared his concern about Dr. Kane's article "Catholics for Obama?"

"The total number, rate, and ratio of abortions (every major measure of abortion)," Jones wrote in response to Dr. Kane, "decreased from 1996 to 2005; 2005 being the most recent year with well reported data."

Jones' main premise however, was the unborn's unfulfilled "right to exist."

"I have not yet made a final decision for whom I will vote," wrote Jones, "I believe both major parties have failed to ensure the right to existence, and additionally failed to promote a more just society willing to bear the burdens of our brothers and sisters, both here and abroad."

"I strongly urge every voter, especially Catholic voters, to contemplate the real significance of the right to merely exist," Jones concluded. (Read Josh Meier and Drew Jones' responses to Dr. Kane's article below and on the next page.)

### Join the conversation

In the end, the importance of having a campus-wide conversation about the election allows students to truly "contemplate the real significance" of any issue.

As in the spirit of Ignatian discernment, Cafardi wrote: "I have informed my conscience. I have weighed the facts. I have used my political engagement." Students are urged to do the same.

Editor-in-chief Maricor Coquia contributed to this story.

## 'Conscience at the Ballot Box' forums thought-provoking

**Bobby Guerrero**  
**Jimmy Sengenberger**  
Staff Reporters

Last week, Oct. 7-8, in an effort to help the Regis community make sense of election issues, several faculty members participated in three "Conscience and the Ballot Box" forums.

"We just thought we'd offer chances for students and others on campus (faculty and staff) to have a little more thoughtful conversations," said Dr. Tom Reynolds, vice-president for Mission, "than we get out of the usual ads we see about the elections, and frankly, unfortunately, not even the debates are incredibly thoughtful."

The forum featured several faculty panelists: Dr. Tom Hooyman, who specializes in healthcare ethics; Dr. Tom Leininger, associate professor of Religious Studies; Dr. Mary Beth Callie, assistant professor of Communication; and Diversity Coordinator Saj Kabadi.

Dr. Reynolds informed attendees about the "Blue Book," a booklet provided by the Colorado General Assembly with information on the 18 statewide ballot measures. It includes an analysis of arguments in favor of and opposed to each measure, the actual text of the initiatives, and recommendations on judge retention.

Amendment 46, discussed by Dr. Hooyman, would outlaw affirmative action in public institutions, such as in schools, jobs and government contracts. The amendment will make illegal the action of giving preferential

treatment to a particular race or gender.

This opens the door to a conscience issue, Dr. Hooyman explained, over whether or not we should give preferential treatment to struggling minorities. The Catholic Church in Michigan has explicitly come out against a very similar amendment, expressing support for affirmative action out of its belief in having a preferential option for the poor. In a perfect world, he pointed out, everyone would be on equal ground; yet the world is not perfect, and minorities still need help.

"It's bringing out some important arguments such as one you might hear in a sociology class, that some of what happens in discrimination is economic; that's part of the problem," Leininger added. "You could consider that, but you couldn't specifically consider race."

On Amendment 48, while it contains one simple statement defining the terms "person" and "persons," as used in the Colorado Constitution, as any human life beginning at the moment of fertilization, "the complexity of this amendment is remarkable," said Dr. Hooyman, who addressed the topic Wednesday.

"That's very carefully chosen language to say 'at the moment of fertilization,' because that means even before the egg has been planted in the woman's womb," said Dr. Reynolds, who filled in for Hooyman Tuesday. "I think the negative arguments would tend to say, there are so many possible unintended consequences for any

activity that goes on that could have legal ramifications that this potential ballot amendment could cause kinds of unknown future issues that we'll have to deal with."

Saj Kabadi, in his discussion on civil discourse versus attacks, referred to the Lincoln-Douglas debates that took place across Illinois when they ran for the state senate in 1858. Despite their clear differences on the issues, Abraham Lincoln and Stephen Douglas were able to do so respectfully and peacefully, whereas conflict between former Vice-President Aaron Burr and Treasury Secretary Alexander Hamilton eventually erupted into a duel in which Hamilton was killed.

"I think it should be based on grounding your beliefs - we all have beliefs, we all have biases - and how this strengthens and grounds your beliefs, and ultimately that's the overall goal," Kabadi said. "Is there a way to reframe the current state of political discourse?"

Anything goes in political elections, Kabadi remarked; politicians will do anything to win, which affects national unification and makes it harder to govern the country as a single people.

"Both candidates said they were in pursuit of this, but obviously it's heading in another direction. Is there a way out of it?" he asked.

Dr. Callie, whose interdisciplinary doctorate includes political economy and public policy, spoke on the role of government in relation to the common good.

"What is the role of government in promoting and protecting health in our country?" she asked. Dr. Callie opened with the example of her mother who pays \$13,000 a year for individual health insurance, and stressed that \$49 million Americans can't afford insurance.

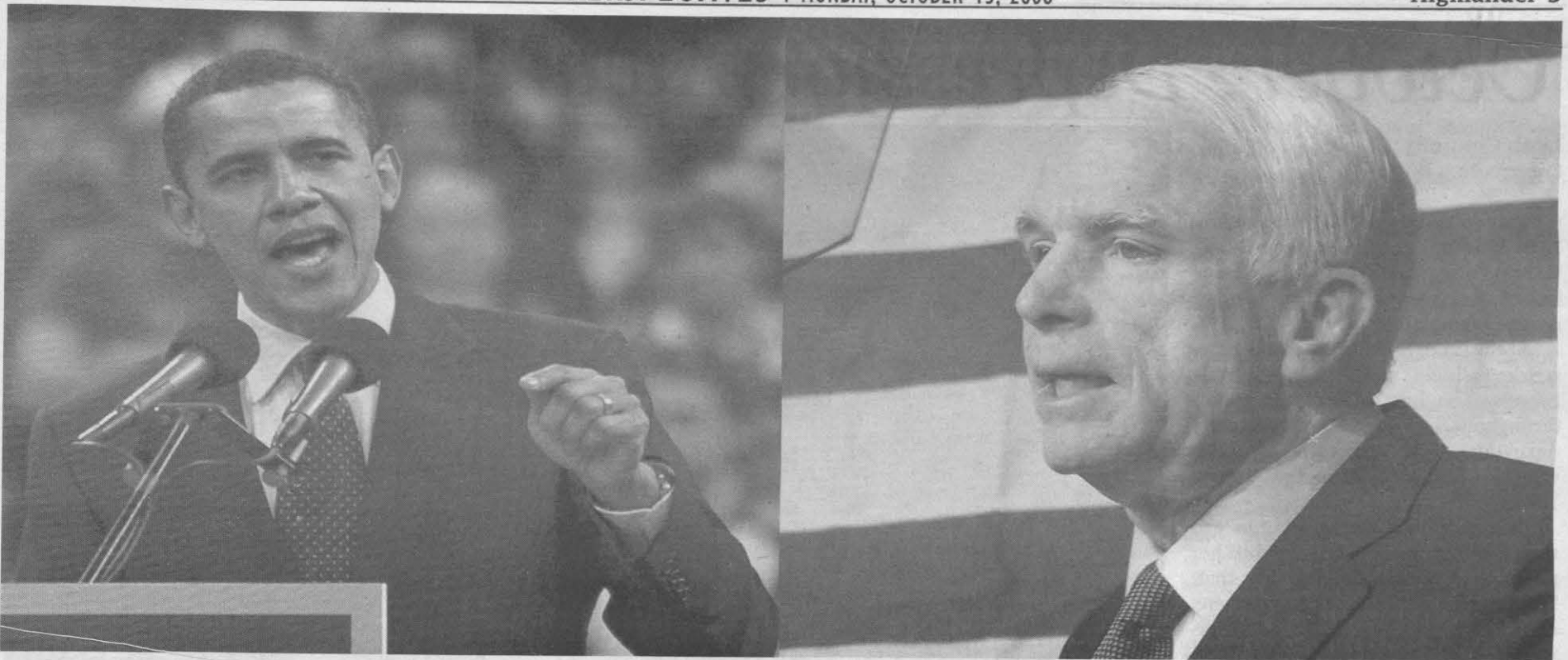
She pointed out how recent debates have called for more governmental oversight while at the same time seeing taxes as a problem. "Today, it seems that our government infrastructure, subsidies and earmarks are more used to protect the private sector, particularly corporate profit and shareholder returns, rather than to protect and promote people's health and safety and well-being," Callie added. "Lax or little regulation and underfunded watchdogs can jeopardize safety and health."

But government can provide solutions, said Callie. She commented on the Obama and McCain plans and how they address health care for all Americans.

The forum provided the opportunity for participants to ask questions, while stimulating discussion about the issues and the state of politics in general.

"For me, there's really a question...of how can we measure in a campaign someone's ability to govern really well," senior Drew Jones said. "Because someone can be, in a campaign, very, very vitriolic, but when they get to whatever position they're pushing for, they can be really great politicians, and I don't know what the best and most effective way to measure that is."





## Showdown #2: McCain wins battle, but Obama victorious in war

**Jimmy Sengenberger**  
Staff Writer

Millions watched last Tuesday night, Oct. 7, as Sen. John McCain duked it out with Sen. Barack Obama for the second time. Well, maybe not "duked it out"—the second of three debates between Obama and McCain lacked the sparks that had been so anticipated beforehand.

### "A town hall about nothing"

*The New York Times's* Frank Bruni complained that the debate was "remarkable for the dourness of its mood, for the frequently subdued demeanors of the candidates even as they tore into each other, which they did with somewhat less vigor and venom than expected."

One commentator called it a "town hall about nothing;" two others dubbed it "the worst debate ever."

McCain didn't bring up Bill Ayers, the unrepentant terrorist with whom Obama sat on the board of the Woods Foundation, gave speeches and held his first political fundraiser. He didn't talk about the \$50 million grant Ayers applied for from the Chicago Annenberg Challenge and Obama was selected to distribute on behalf of Ayers's organization.

At the very least, that would have added some flare and excitement to the debate. But there wasn't an opening for McCain to bring the issue up, and had he done so, it would have most likely been seen as a political ploy.

Similarly, Obama didn't go after McCain on the Keating Five Savings and Loans scandal of 1989, in which McCain attended several meetings with Charles Keating, then chairman of Lincoln Savings and Loan, and was

accused of fighting to deregulate the savings and loan industry on behalf of Keating. The campaign has already begun to use it to deflect against the Ayers criticism.

Nor did McCain and Obama get into a heated argument on the economy or the war in Iraq. The only high point (or low point, depending on your perspective) is when McCain labeled Obama "that one," giving the only real-

There was nothing special about this debate compared to the first one. They did not delve much into specifics, and it was pretty much the same old song from both candidates.

ly interesting soundbite of the night.

"There was an energy bill on the floor of the Senate loaded down with goodies, billions for the oil companies," McCain said. "And it was sponsored by Bush and Cheney. You know who voted for it — you might never know?"

"That one," he said sarcastically, pointing toward Obama yet not looking at him. Supporters found it humorous; opponents called it "disrespectful" and "demeaning."

There was nothing special about this debate compared to the first one. They did not delve much into specifics, and it was pretty much the same old song from both candidates. It was supposed to be a town hall debate where the American people would ask the questions, but with NBC's Tom Brokaw at the helm, trying to get his own questions in, the town hall forum didn't seem to fit.

But from what *was* there, how did the debate shape out?

### McCain wins the battle

While there was nothing really new or exciting in the debate, save for a new McCain plan to buy up \$300 billion worth of bad mortgages (a political move intended to make voters feel like he has a serious plan to help *them* out), John McCain, for the most part, won on substance and performance. He showed himself to be well-informed on domestic issues, such as the economy,

and relatively more passionate than in previous debates.

When a citizen would ask a question, McCain immediately walked over to that person and answered in a very personal way. Town halls are his strong suit; he does best in unscripted situations with average Americans, and the viewer could easily notice how comfortable he was in this situation.

When asked by a retired Navy chief whether or not he would commit troops to defend Israel if attacked by Iran, McCain thanked him, shook his hand, patted him on the back and said, "I want to say, everything I ever learned about leadership I learned from a chief petty officer. [T]hank you, my friend."

His discussion of the need to become energy independent was also strong, especially given the way in which he directly addressed the questioner.

He took shots at Obama, such as when he reiterated how Obama has rarely crossed the aisle to tackle serious issues and compared "nailing

down Senator Obama's various tax proposals" to "nailing Jell-O to the wall." He also asserted that "the last president to raise taxes during tough economic times was Herbert Hoover," connoting Hoover's responsibility for the Great Depression.

### Obama adds to his war chest

But while McCain was on his game more than ever and waged some blows against Obama, they were easily absorbable.

Obama's strengths lie in his charisma, his soothing confidence and his apparent mastery of the issues. Never once did he seem agitated; he kept his cool throughout the debate. He came off as incredibly reasonable. (In the first showdown, Obama's objective was merely to hold his own and establish his credibility as a presidential candidate. He accomplished that.)

This time, with a lead in the polls, he just had to seem plausible. As *National Review* editor Rich Lowry put it, "If the Nobel committee had a prize for appearing plausible, he'd win it every time."

It is because of that plausibility that, while he's mildly lost both battles on substance and performance, Obama benefits in the greater war. And above all else, that's the most important thing in a presidential election.

In the vice-presidential debate, Alaska Governor Sarah Palin boosted the GOP campaign with some much-needed positive energy, but McCain failed to expand upon her success.

His last chance to revitalize the campaign may be in this Wednesday's debate. The question is, is it too late? (For that answer, see "It's not over yet: A strategy for a McCain victory" on page 7)

### Coming Out from page 2

This year's first diversity dialogue, planned by House, brought together an intimate group of about twenty students, teachers and Denver residents. Because of the small size of the group, the attendees formed their chairs into a circle to emphasize the goal of inclusivity.

Following Mitchell's opening remarks, House, Steven Lindenberger '07, and student Gretchen Smith, vice-president of the organization, told their personal stories about how being homosexual and/or having a homosexual family member have altered their life.

"Part of what this does is educates. It helps people to see all of humanity, so it doesn't seem as foreign and strange," Mitchell later said. "You begin to act how you've always acted around different sexualities and also being around a different race. It shows that it's not the issue you've always thought it was."

Drew and Kathleen Conneen, residents of the Denver area, also contributed to the dialogue, explaining how having a gay son has changed their outlook on homosexuality, and on the Catholic faith.

"When I was younger, I was homophobic," Kathleen went on to say. "I didn't realize it but I was. When my son told me that he was gay, he said,

'I'm really sorry to have disappointed you.' I told him that he had."

"I didn't realize it then, that it was more disappointment for my own dreams of who I wanted him to be," Kathleen said. "We can now say we love all our children, no matter what." Drew and Kathleen have recently formed a support group, which provides counseling to other families, and helps others understand the difficulties of harboring a personal piece of oneself that may bring harmful judgement.

EROS is meant to promote diversity, and to allow people to leave their personal biases and stereotypes behind. Mitchell stated, "When gay people talk

about their relationships, it's called coming out. When straight people talk about their relationships, it's called talking. I want homosexuals to be able to just talk, without stress."

In the end, the event was successful, with everyone in the conversation feeling relaxed and willing to share their stories.

House, who admits to once feeling uncomfortable with his sexual orientation, emphasized "Our mission at Regis asks us how we ought to live? And for me, that's being who I am."

EROS hosts open meetings every Friday at 2:30 in Loyola 10. For more information, contact Robert House at house227@regis.edu.



## October: Depression Awareness Month

**Lilah Connelly**  
*Contributing Writer*

Many should be familiar with author J. K. Rowling, or at least her beloved Harry Potter book series. A lesser known fact however, is that Rowling once contemplated suicide.

At the time, Rowling was a poverty-stricken single mother in her mid-twenties, having battled depression throughout her life. It was actually during one of her depressive episodes that she began to write the famous Harry Potter saga.

It wasn't until several months ago that Rowling publicly admitted to her thoughts of suicide, making clear that: "We're talking suicidal thoughts here, we're not talking 'I'm a little bit miserable.'"

She went on to say that it was the thought of her daughter that pushed her to seek help. "[My daughter] was something that earthed me, grounded me, and I thought, this isn't right, this can't be right, she cannot grow up with me in this state," she said.

And when questioned about her feelings toward her depression, Rowling replied, "I have never been remotely ashamed of having been depressed. Never."

Today, she is one of the richest, most successful female authors, selling over 400 million copies of her books worldwide, according to Daily Staff News 2008.

But what exactly is depression? According to MedicineNet.com, depression is: "an illness that involves the body, mood, and thoughts, that

affects the way a person eats and sleeps, the way one feels about oneself, and the way one thinks about things."

The site also explains that a depressive disorder is not the same as a passing blue mood. It is not a sign of personal weakness or a condition that can be wished away. People with a depressive disease cannot merely "pull themselves together" and get better. Without treatment, symptoms can last for weeks, months, or years. Appropriate treatment, however, can help most people with depression.

What most people don't realize is depression's debilitating ability to

interfere with one's life--halting relationships, in addition to the physical and emotional pain.

Given October is Depression Awareness Month, Active Minds here will be hosting a series of events in order to spread awareness about depression.

Tonight, Active Minds is sponsoring a screening of "Prozac Nation," a film chronicling the real life struggle of author Elizabeth Wurtzel with depression in college.

Active Minds is also supporting the "Don't Erase Your Future" Campaign.

PHOTO SOURCE: [www.motherguide.net](http://www.motherguide.net)

Imagine, for instance, if Martin Luther King Jr., amidst the racial adversity of the time, committed suicide. What would the world be without his efforts for equality?

Individuals interested in joining Active Minds are welcome to attend the group's meetings every Monday night from 6-7 p.m. in the Student Center Conference Room, 2nd floor.

Remember, mental health matters.

**Sponsored by Active Minds**  
 "Doing Our Part in the Emerging  
 Social Movement."

*I'm "non-denominational." So what?*

**Esther Green**  
*Contributing Writer*

First, a little 411 on me: My name is Esther Green, and I am a sophomore at Regis University. I intend to major in Politics and minor in Education. My desire is to become a high school Politics and History teacher.

Alright, well, now that you know a little bit about me, I should also mention that I am not Catholic. In fact, I had never really known many Catholics until I came to this University. But, I am a Christian and define myself as "Non-Denominational."

Non-denominational is really a fancy word for the fact that I go to a church that has no connection to any religious affiliation. Indeed, I do believe what the Bible says is the absolute truth. I believe that Jesus Christ died on the cross and rose again to save the world from sin, and that Christ died for me so I live for Him. I also firmly believe God loves me and desires a relationship with me. It really is that simple. So, all that was to say, "Hi! I'm the resident non-Catholic!"

In coming to Regis, I knew that I would meet many new and fascinating individuals. I also understood that most would not agree with my beliefs or would see things differently than I do. Here, though, is what I have come to realize during my first year on campus.

Every individual has a story. This story is not simply where they were born or where they went to school. No, that story encompasses parts within their lives, but so does pain, suffering, triumph, joy, hard and easy lessons.

love, encouragement, family members, friends, and so much more. A story is more than a generic timeline. An individual's story describes where they are coming from and why they believe what they believe.

Yet, add to this story a vision and one gains a picture of who that person truly is. A vision is the dreams, aspirations, and goals that drive and motivate an individual to action. A vision intertwines a story into a plan for the future. A story builds passion, a vision expresses it.

Where anyone is right now is the connection between their story and their vision. For me, I am a student here at Regis University because my story has brought me here. I am getting an education to realize my vision. Everyone, no matter where they are, lives their lives as a result of their stories. The actions an individual takes often affects their visions. The choices anyone makes will either make their visions more attainable or change the vision completely.

I would like to challenge everyone reading this article to remember your stories, where you come from and who you are. Hold on to your story. Every story is unique and important. Also, hold on to your visions. Ask yourself these questions: Why am I here at Regis University? Why am I taking these classes? Why am I suffering over a homework load that doesn't seem to end?

Finally, after you have grasped your vision, be careful in what actions you take. Choices lead to actions and actions lead to either the realization or the dissolution of dreams.



# How ought we to react to financial crisis?

Dr. Susan Jacobson

Associate Professor of Business

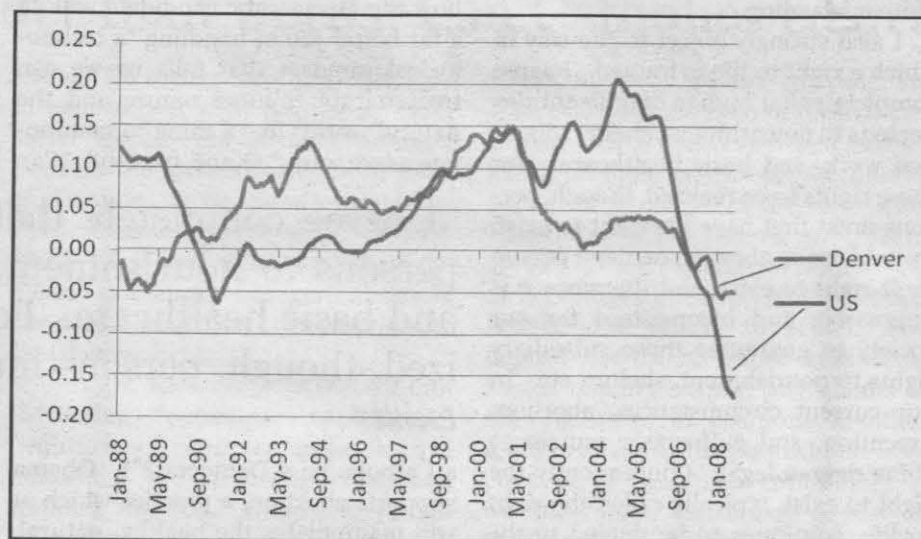
We're in the midst of a financial crisis. On September 18<sup>th</sup>, even before Treasury Secretary Paulson was alarmed enough to ask for \$700 billion, "Fear coursed through the U.S. financial system ..., as hope for a resolution to the year-old credit crisis faded."<sup>1</sup> After Paulson's request, when the House of Representatives wouldn't go for it, the markets went crazy. The Dow Jones Industrial Average lost 7%, the biggest one-day loss since the market re-opened after September 11, 2001. "We're stunned right now, just trying to figure out what comes next," said one broker at the New York Stock Exchange.<sup>2</sup>

Eventually the Senate and the House did agree, on Friday, October 3<sup>rd</sup>, to provide the Treasury the requested funding. But the world's, not just the US's, economic and financial future is uncertain. On Monday, the markets reflected that uncertainty by going into freefall despite Congress' action. And Tuesday the losses piled on: "Everybody's nerves are completely fried," a professional investor talking to the *Wall Street Journal* said.<sup>3</sup>

People are worried. They're asking, "Will I keep my job? Will my portfolio ever recover? Will I lose my house?" Those are all very real concerns. But financial crisis also reminds us that there are bigger questions. As I thought about my own financial future, I was reminded that the question we often hear at Regis, "How ought we to live?" is a far more important one than, "When will my portfolio recover its losses?" All this panic, all this anguish over money. Why?

"Money can't buy happiness." We hear and parrot that, but our behavior often indicates we don't really believe it. The crisis, the panic, and the moaning over falling asset prices are evidence of our doubt. But there's a lot of data to show that the correlation between wealth and what we all really want, happiness, is tenuous at best.

"In a 1985 survey, respondents from the Forbes list of the 400 richest Americans and the Maasai of East



Percent Change in Home Prices over the Previous 12 Months

Africa were almost equally satisfied and ranked relatively high in well-being. The Maasai are a traditional herding people who have no electricity or running water and live in huts made of dung. It follows, that economic development and personal income must not account for the happiness that they are so often linked to."<sup>4</sup>

Even more startling perhaps is the data Dan Gilbert, author of *Stumbling on Happiness*, cites. In a speech given at TED and available on the Internet,<sup>5</sup> he tells us that people who are surveyed one year after winning the lottery or becoming paraplegic are equally happy. Lest you remain unconvinced, try reading *The High Price of Materialism* by Tim Kasser. In his book Kasser documents dozens of studies that show the deleterious effects materialism has on happiness. "Materialistic values," he tells us, "lead us to run on never-ending treadmills trying to prove our competence, and they interfere with our relationships."<sup>6</sup>

Yet, many continue to strive to make money, doing things that perhaps they wouldn't otherwise do. Both presidential candidates lashed out at Wall Street behavior – McCain deriding the "greed" and Obama denouncing the "anything goes" attitudes. New York City's Mayor Bloomberg, a guy who's made billions providing financial market data, accuses us of being a "give it to me today" kind of society.

How can we be so wrong about

what will make us happy? How do we take our eyes off the ball of a life well lived? Dan Gilbert says that though it's pretty amazing that we can "look into the future," imagining what might happen and how we might feel about it, (we are the only species that can do this), we're not very good at it. We don't really know what it is that will make us happy. "... we make a systematic set of errors when we imagine 'what it would feel like if.'"<sup>7</sup> We assume, even if we don't voice it, that wealth or status will make us happy only to find out later that it is doesn't. Imagine your compounding disappointment if what you have done to attain that wealth and status is unethical, unjust, and/or illegal. Adam Smith, better known for his invisible hand doctrine construed simply as "markets work," also said in *The Theory of Moral Sentiments*:

The great source of both misery and disorders of human life seems to arise from over-rating the difference between one permanent situation and another. Some of those situations may no doubt deserve to be preferred to others but none of them can deserve to be pursued with that passionate ardor which drives us to violate the rules either of prudence or of justice, or to corrupt the future tranquility of our minds either by shame from the remembrance of our own folly or by remorse from the horror of our own injustice.<sup>8</sup>

In other words, if imagining that you

will be happy with more money leads you to behave in a way you otherwise would not, you will find that it wasn't worth it.

So what's the lesson? Is it, "Why worry? Be happy." when markets crash and wealth dwindles? I would say that if you are reacting to financial losses, losses that are "a done deal," that's not bad advice, as shallow as it sounds. But more important is to try to maintain perspective on deeper values – on justice, on tolerance, on those things that have value in all economic environments, and to return to the mission here at Regis that encourages us to "to learn proficiently, think logically and critically, identify and choose personal standards of values, and be socially responsible."<sup>9</sup>

Dr. Susan Jacobson, associate professor of Business, joined the Regis faculty this year. Before coming to Regis, she was department chair at Skidmore College, in New York; a research analyst with Citicorp Mortgage bank, and editor of an investment newsletter. She teaches courses in Macroeconomics and Money, Banking and Financial Markets; Dr. Jacobson's research interests include the politics of monetary policy, pedagogy for business schools in liberal arts environments, and creativity.

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## It's not over yet--How McCain can get his groove back

Jimmy Sengenberger

Staff Writer

He was doomed to fail, written off by almost everyone. But then the man who had been pulling his own luggage through the airport, flying commercial jets to his next campaign stop, went on to become the Republican nominee for president.

For months during the primary season, conventional wisdom was that John McCain had no chance at winning. But the underdog defied all odds and waged victory.

To the casual observer, the campaign for President seems wrapped up, as though Barack Obama has it in the bag and McCain should pack up and hit the road back to Phoenix.

Naturally, with a struggling economy headed for recession, a highly unpopular president and a war-weary nation, 2008 seems to be in favor for the Dems. But as history shows, things can easily change in politics, even in the last few weeks of a presidential campaign.

If John McCain can successfully make the public question Obama, articulate his economic policies more effectively and take a few other steps, he can still win out. As Princess Leia affirmed in *Star Wars IV*, "It's not over yet."

**Raising questions.** Barack Obama is certainly fresh, attractive and exciting. But most Americans have just started to tune in to the election and pay close attention. They are beginning to learn about Obama, who he is and what his plans are. While there is strength in that, there is also weakness. People are scared of the unknown. It makes them uncomfortable.

Barack Obama's dubious associations with such individuals as William Ayers, the unapologetic terrorist who admitted to bombing the Pentagon and the Capitol; Reverend Jeremiah Wright, his former pastor who once proclaimed "God damn America" from the pulpit; and Saul Alinsky, a leftist radical who wrote the book (literally)

on community organizing, titled *Rules for Radicals*, and believed the ends justify the means, go to the core of Sen. Obama's honesty and character. He has not firmly and publicly addressed these associations himself, along with a number of others, and questions still abound about his relationships with these individuals.

Politically-speaking, John McCain needs to continue to beat the associations drum in order to spark questions about who this guy "really is" and the kind of judgment he would bring to the presidency. As one commentator put it, he needs to "put a big question mark on Barack Obama." The problem with that, as former Bill Clinton advisor Dick Morris points out, is that these relationships will hold little weight until the stock market has calmed down, which leads to the next strategic point.

**It's the economy, stupid.** With a recession looming, faltering financial institutions, a \$700 billion bailout of Wall Street and a frenzied stock mar-

ket, the economy is in the political forefront.

In the coming weeks, and especially in Wednesday's debate, McCain needs to explain how raising taxes on even those making above \$250,000 and increasing the capital gains tax (on investments) in such economic conditions would discourage investment and lead to more job losses. He must effectively explain to the American people how cutting the corporate tax rate on businesses from 35%, the second-highest in the world, to 25%, the average in Europe, would make America more competitive in the global marketplace and thereby hold back outsourcing of jobs, as well as the importance of his all-of-the-above approach to energy.

Phil Perington, a former chairman of the Colorado Democratic Party in the 1990s, believes McCain needs to address the financial crisis and bailout head-on.

See McCain's Groove on page 8



# Student Response to Dr. Kane: The right to exist

Drew Jones '09  
Contributing Writer

I would like to thank Dr. Kane for offering his well thought out opinions on the upcoming elections. I would also like to thank him for inviting others thoughts on the important matters which face our national community. However, I take issue with several of the statements in those editorials, especially the second.

First, I have several questions concerning this paragraph: "First and foremost, the economy is about the basic right to life - since there is no right to life without food, health care, shelter, decent jobs. Even the issue of abortion is related to economic realities. Abortions went down during the Clinton years, and back up during the Bush years" (Kane, 9-29-08, "Faith and Voting"). According to the most recent, comprehensive, and accurate report from 2005 by the Guttmacher Institute, this supposed increase has not happened (Jones et al., "Abortion in the United States: Incidence and Access to Services, 2005", accessed at <<http://www.guttmacher.org/pubs/journals/4000608.pdf>> on 9-30-08). The total number, rate, and ratio of abortions (every major measure of abortion) decreased from 1996 to 2005; 2005 being the most recent year with well reported data. The final statement of that paragraph, barring any major increase from 2006-2008 is

quite misleading.

I also strongly object to the way in which a right to life is framed. I agree completely that human dignity entitles persons to nourishment, shelter, dignified work, and basic healthcare. For these rights to be realized, though, persons must first have the right to exist. I would argue abortion denies a person their right to exist, and therefore it is impossible and inconsistent for our society to guarantee those subsidiary rights to nourishment, shelter, etc. In our current circumstances, abortion, execution, and euthanasia remain to some degree legal. Consequently the right to exist, typically called the right to life, continues to be denied to the most vulnerable in our society, preventing true progress in many other areas.

The logic used to justify linking economic realities and abortion is the same logic which is used to justify unbridled capitalism and rampant poverty. Trickle down economics says when the rich have plenty, the poor will at least receive a basic standard of living or better. The same logic goes for rights. When those who already have the right to exist are also granted the fullest measure of their auxiliary rights then maybe, just maybe, the weak and voiceless (the unborn) will taste the sweetness of existence as well. In both cases this logic is faulty, because it fails to deliver the intended consequences.

I also have trouble understanding

how the Democratic candidate will do a far better job of handling "a technological mindset that tells us we can treat nature (human nature and the natural world) like a thing to manipulate as we want." (Kane, 9-22-08, "Can

accessed at <[http://www.barackobama.com/static/Flyers/Issue\\_Flyers/stemcells.pdf](http://www.barackobama.com/static/Flyers/Issue_Flyers/stemcells.pdf)> on 9-30-08). Each of these policies encourages individual's and society's domination and subjugation of nature.

I agree completely that human dignity entitles persons to nourishment, shelter, dignified work, and basic healthcare. For these rights to be realized, though, persons must first have the right to exist.

a Catholic be a Democrat?). Obama supports abortion, a practice which at will manipulates the healthy, natural, and dignified function of women's bodies during pregnancy (Obama, "Obama Statement on 35th Anniversary of Roe v. Wade Decision", accessed at <[http://www.barackobama.com/2008/01/22/obama\\_statement\\_on\\_35th\\_annive.php](http://www.barackobama.com/2008/01/22/obama_statement_on_35th_annive.php)> on 9-30-08). Obama supports not just abortion, but increased access to birth control, a policy which denies the essential nature of human sexuality as found in *Humane Vitae* (Obama, "35th Anniversary"). Obama also supports embryonic stem cell research, which is a clear example of human persons, and their bodies, being treated and manipulated without consent of said persons, and in obvious denial of their human dignity (Obama for America, "BARACK OBAMA ON STEM CELL",

I have not yet made a final decision for whom I will vote. I believe both major parties have failed to ensure the right to existence, and additionally fail to promote a more just society willing to bear the burdens of our brothers and sisters, both here and abroad. I think that a Catholic with a well formed conscience could support Obama, but not without grave reservations, and therefore not enthusiastically. The same must be said about McCain, whose platform also fails to address significant issues (especially militarism and economic justice) in a way compatible with a well informed Catholic conscience. I strongly urge every voter, especially Catholic voters, to contemplate the real significance of the right to merely exist.

## Dr. Kane responds to Drew

First, thanks to Drew Jones for taking seriously the invitation to continue the discussion about Catholic faith and this election. And thanks to the editors for this opportunity to respond.

If Jones is right about the statistics on abortion, then I am wrong. The latest summary I just read says that under Clinton the US abortion rate declined 30% and under Bush (presumably thru 2005) "this decline stagnated" - which would make Jones partly right but would still support my basic contention relating

economy and abortion. It will, moreover, be important to see what has happened since 2005 when the damaging effect of Bush policies on the economy will have been greatest.

The issue of handling "the technological mindset" is admittedly complex, but can't be resolved if one limits one's considerations to sexual and birth issues. On those issues, I'll simply add that I, along with the majority of Catholics who actually have children, respectfully disagree with the *Humanae Vitae's* claim that artificial contraception "denies the essential

nature of human sexuality."

The core of Jones' critique concerns "the right merely to exist" which is denied by abortion. I agree in part. I have always opposed abortion and I hope to write more about that in a future opinion piece. Yet I have also always opposed the way the moral truism (that you must first have life in order to exercise "subsidiary" rights to food...) is used in the political realm to elevate opposition to abortion into a free-standing criterion that trumps all other considerations about the right to life. In an imperfect world

with imperfect political choices, I judge it preferable to "frame" my thinking in terms of a messy effort to think about the entirety of life from conception through death. I object to thinking which so absolutizes opposition to abortion that it effectively (even if not intentionally) reduces concern about food and shelter, health and education, war and peace. I understand why many Catholics think that way, but I disagree.

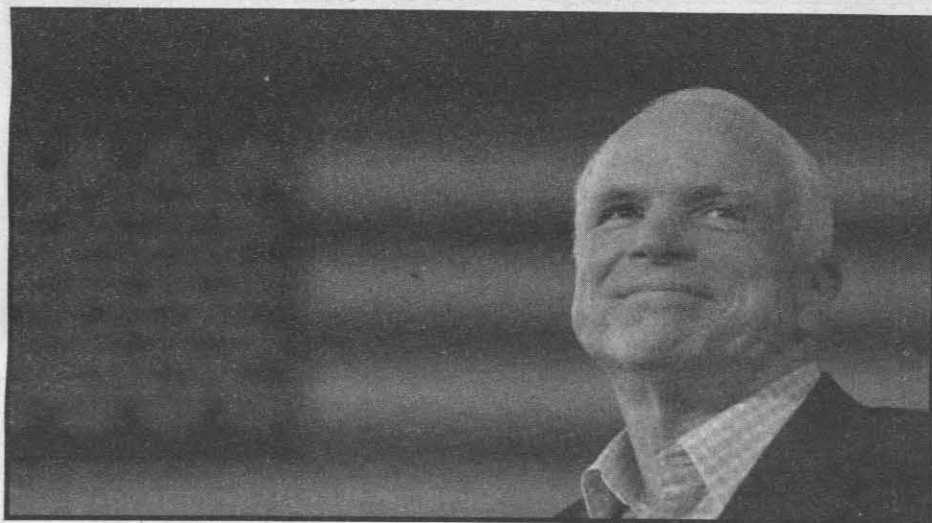


PHOTO SOURCE Associated Press

### McCain's Groove from page 7

"He needs to announce that he is against any further funding for the bailout and demand that all the pork added on to the \$700 billion be completely ripped out and exposed, including placing the names and dollar amounts on the Internet," he said.

McCain, a hawk against wasteful spending, would be wise to do that.

But he also needs to defend himself on deregulation, over which Obama continues his volley of attacks against McCain. Obama claims that deregulation, and McCain's support for it, caused this mess.

In fact, government policies encouraging mortgage lending to people who couldn't afford the loans helped play a significant role in brewing the financial crisis, and the sort of deregulation McCain has supported is not inherently dangerous at all. Allowing Obama to

continue these blows unabated weakens McCain's economic case.

He needs to, as Perington put it, "articulate [his] game plan for restoring economic stability and prosecuting the corporate con-artists and hustlers that fomented the meltdown."

**Take reformist steps.** McCain is a known reformer willing to take on the establishment and cross party lines to get things done. One way to show McCain's intent to reform is to announce his key cabinet positions soon, which would force Obama to fol-

low suit. If he were to announce a cabinet with Independent Democrat and former Democratic VP candidate Joe Lieberman as Secretary of State, former NY City mayor Rudy Giuliani as Attorney General, and other known Republican and Democrat reformers to such key posts, it would serve as evidence of the senator's intent to bring

It's an off-year for Republicans, but if he stands firm, raises questions about Obama and argues his positions more effectively, McCain can still pull it off.

It's not over yet.

low suit. If he were to announce a cabinet with Independent Democrat and former Democratic VP candidate Joe Lieberman as Secretary of State, former NY City mayor Rudy Giuliani as Attorney General, and other known Republican and Democrat reformers to such key posts, it would serve as evidence of the senator's intent to bring

his record of bipartisanship into the presidency.

**Youth and inexperience.** Finally, John McCain needs to continue to drive home the point that Barack Obama is an inexperienced freshman senator ill-equipped to lead America in these troubled times. He can emphasize the fact that, when Obama was actually able to help set the direction for Iraq, he vehemently opposed the victorious Surge strategy. He should continue to assail him on negotiations without preconditions, his litany of

flip-flops on such issues as energy and campaign financing and his thin résumé.

It's an off-year for Republicans, but if he stands firm, raises questions about Obama and argues his positions more effectively, McCain can still pull it off.

It's not over yet.



# Student Response to Dr. Kane:

## Actions speak louder than words: Can Catholics *clearly* vote for Obama?

Josh Meier '09  
Contributing Writer

I am writing this in response to Professor John Kane's *Highlander* articles entitled "Catholics for Obama?" and "Faith and Voting: The Economy and the Right to Life" (using Dr. Kane's own words, the emphasis is crucial). These articles were published in *The Highlander* on September 22<sup>nd</sup> and September 29<sup>th</sup>, respectfully.

After reading Dr. Kane's first *Highlander* article, I disagreed with some of the statements he made. I contemplated addressing my concerns. However, after reading his second article, I made it a priority to comment on Dr. Kane's remarks. I know that Dr. Kane wants others, including me, to reflect about faith and politics. I also know that he wants us to use *The Highlander* as a means to do so. As Dr. Kane said in his first article, "I hope other readers (and not just Catholics) will contribute as well."

It is therefore that I write, while Professor Kane makes valid claims that one's faith needs to influence his or her political choices, some of Dr. Kane's statements are inaccurate. Additionally, Dr. Kane focuses too lightly on abortion. He argues that "the Right to Life" is the foundation for the economy, which I agree with, but he refuses to give this right to individuals that can't speak for themselves, namely the unborn.

I agree with Dr. Kane's statement, "First, if we're serious about our faith, then we can't separate it from our political involvements and decisions" (original in bold). My Catholic faith is not independent from me. Rather, every decision I make is influenced by my faith. In fact, my Catholic faith and my belief that it is my obligation to protect the unborn are the main reasons why I am writing this article.

Although I agree with Dr. Kane's statement above, I disagree with Dr. Kane's comment, "[When] bishops and other religious leaders, even popes, are making their decisions about what policies are most important, what issues are most crucial, they're the same as us" (original in bold). *The Catechism of the Catholic Church* acknowledges that, "The Roman Pontiff and the bishops are 'authentic teachers, that is, teachers endowed with the authority of Christ, who preach the faith to the people entrusted to them, the faith to be believed and put into practice.'" For me, this means that popes and bishops always speak with an authority Dr. Kane and I do not currently possess. This authoritative position causes Catholics to value the words and *wisdom* expressed by popes and bishops a lot more than they value certain statements made by others. Therefore, I am not convinced that "they're the same as us."

Moving on, in his article, "Catholics for Obama?" Dr. Kane expresses that Catholics can *clearly* vote for Obama. I disagree. Dr. Kane emphasizes a statement Archbishop Chaput made: "The abortion struggle remains the foundational social issue of our time.... Abortion is legalized homicide. It has to stop. Every other right depends on the right to life." It's interesting that Dr. Kane fails to include critical words that preceded Archbishop Chaput's statement. The archbishop actually

wrote, "No matter how much we want to cover it over with talk about 'wider social issues,' the abortion struggle remains the foundational social issue of our time...." Dr. Kane's proud discussion about 'wider social issues,' which I will talk about next, does not mean I can simply disregard abortion, nor does it mean that I can *clearly* vote for Obama.

Dr. Kane suggests that for him correcting "consumer capitalism," "militarism," and a "technological mindset..." are more important than stopping abortion. He writes, "I think these things are all related and are 'the foundational social issue of our time.' And I judge that Obama will do a far better job in dealing with those issues." Obama *may* do a better job in those issues, but one cannot overlook "the foundational social issue" of protecting the unborn. On a side note, I like how Archbishop Chaput notes one foundational social issue compared to Dr. Kane's list of three.

Furthermore, Archbishop Chaput is not alone in stating that abortion is "the foundational social issue of our times." The 1998 U.S. bishops' pastoral letter, "Living the Gospel of Life," is worthwhile to read, and to read carefully:

"Any politics of human dignity must seriously address issues of racism, poverty, hunger, employment, education, housing, and health care. Therefore, Catholics should eagerly involve themselves as advocates for the weak and marginalized in all these

areas. Catholic public officials are obliged to address each of these issues as they seek to build consistent policies which promote respect for the human person at all stages of life. *But being 'right' in such matters can never excuse a wrong choice regarding direct attacks on innocent human life.* Indeed, the failure to protect and defend life in its most vulnerable stages renders suspect any claims to the 'rightness' of positions in other matters affecting the poorest and least powerful of the human community. If we understand the human person as the 'temple of the Holy Spirit' — the living house of God — then these latter issues fall logically into place as the crossbeams and walls of that house. *All direct attacks on innocent human life, such as abortion and euthanasia, strike at the house's foundation.* These directly and immediately violate the human person's most fundamental right — the right to life. Neglect of these issues is the equivalent of building our house on sand" (emphasis in original).

The "consumer capitalism," "militarism," and "technological mindset..." that Dr. Kane believes are "the foundational social issue[s] of our time" are rather the cross-beams and walls of the house that is built on the "the [single] foundational social issue." "The foundational social issue" is providing the unborn with the right to life. If the right to life becomes sandy as it has since *Roe v. Wade*, the house and everything the house stands for

becomes shaky. No matter how much effort is placed on keeping the walls and beams upright, they will always fall due to the weak foundation.

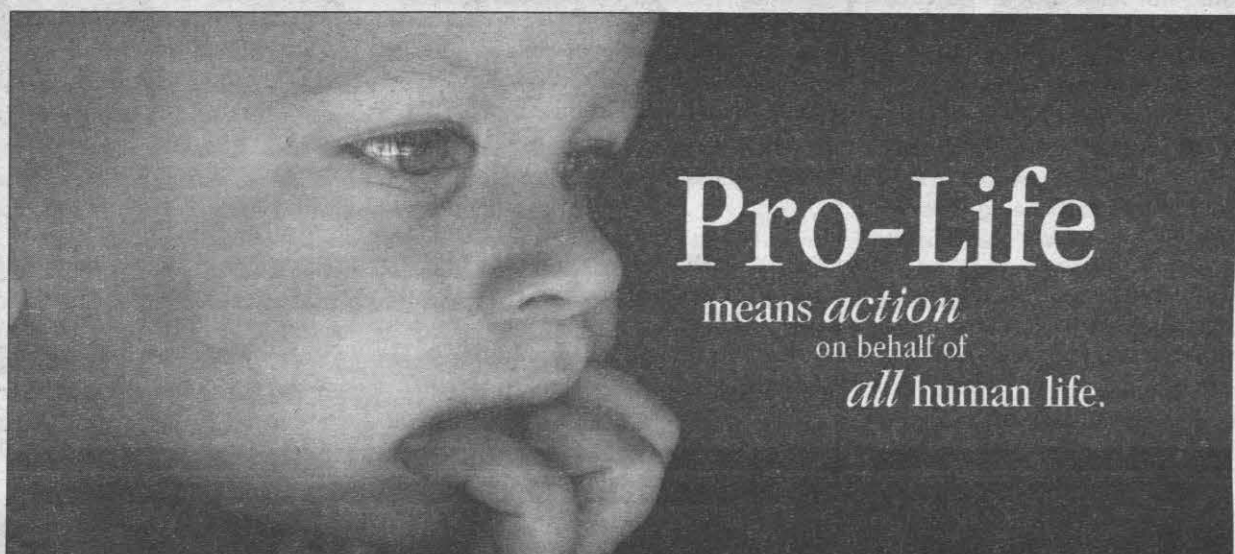
Keeping this flowing, I want to point out that it seems as if Dr. Kane contradicts himself. In one article, he does not care about the unborn's right to life, in another article the title reads "Faith and Voting: The Economy and the Right to Life" (italics added and are crucial).

Dr. Kane notes in his second article, "First and foremost, the economy is about the basic right to life — since there is no right to life without food, health care, shelter, decent jobs. Even the issue of abortion is directly related to economic realities. Abortions went down during the Clinton years, and back up again during the Bush years."

Before I move on with my argument, it is important to comment on Dr. Kane's last sentence. A study by the Guttmacher Institute, a leading non-profit that has studied abortion rates since 1973, states that, "An estimated 1.2 million abortions were performed in the United States in 2005, 8% fewer than in 2000." I could be wrong, but last time I checked, Clinton was still president in 2000.

Going back to the respect life issue, since when has the economy been independent from politics?

See Obama? on page 10



**Pro-Life**  
means *action*  
on behalf of  
*all* human life.

Many candidates say they're pro-life. But do they really have a record to run on?  
Here are some important facts for pro-life Americans to consider when deciding how to vote.

### The BEST way to combat abortion is to give women and families the tools they need to choose life.

Studies consistently show that when women and families have health care, jobs, education, and other essential supports they are less likely to have an abortion. In fact, more than three out of four women who obtain an abortion say that economic factors were a primary reason for doing so. Instead of helping struggling American families, our leaders have left them to fend for themselves.

### Being pro-life is 1 percent talk, 99 percent ACTION.

Being pro-life is not just about what our elected leaders say they believe. It's about the things they do. During the Clinton Administration, the U.S. abortion rate declined nearly 30 percent without enacting any legal prohibitions on abortion. Under President Bush, this decline stagnated. Even the appointment of two new Supreme Court justices was unsuccessful in making any meaningful progress toward building a culture of human life. For all its talk about being pro-life the Bush Administration hasn't protected a single unborn child.

### Pro-life means ALL human life - WITHOUT exceptions.

How can our leaders say they are pro-life, while starting unjustified wars, supporting torture, opposing expanded health care for children, cutting school lunch programs, and standing by as hard-working Americans lose their jobs and retirement protections? They can't. To be pro-life is to answer a deep call to support and defend human life at all stages - from conception until death. It means caring for the unborn, for the children, for the less fortunate, and for all hard-working Americans.

### Overturning *Roe v. Wade* will NOT end abortion in America.

All too often, what passes for an authentic pro-life agenda is a candidate's stated opposition to the U.S. Supreme Court's *Roe v. Wade* decision. While legal protections for the unborn are an important part of a pro-life strategy, overturning *Roe v. Wade* would simply let states decide whether abortion should be legal or illegal. In a post-*Roe* America, only a handful of states would impose penalties on those who obtain or perform abortions, and women living in these states could still go elsewhere to get an abortion. Overturning *Roe* cannot be seen as a substitute for policies that can work RIGHT NOW to end abortion, namely supporting women and families.

www.catholics-united.org



## Obama? from page 9

If the "economy is about the basic right to life," shouldn't politics be? This is exactly what I believe the bishops are trying to get people to realize: Everything, including politics, "is about the basic right to life." As long as abortion exists, there is no "basic right to life." **To see how abortion impedes on this right to life, visit [http://hispanicsforlife.suite550.com/dura\\_realidad/](http://hispanicsforlife.suite550.com/dura_realidad/) Do these tearful images look familiar? The Holocaust?**

In his first article, Dr. Kane contends that "the archbishop is going to vote Republican and to do what he can to suggest others vote that way." The archbishop has never said who to vote for in this election. What he has said though is that:

"Catholics can support 'pro-choice' candidates if they support them despite — not because of — their 'pro-choice' views. **But they also need a compelling proportionate reason to justify it.** What is a 'proportionate' reason when it comes to the abortion issue? It's the kind of reason we will be able to explain, with a clean heart, to the victims of abortion when we meet them face to face in the next life — which we most certainly will. If we're confident that these victims will accept our motives as something more than an alibi, then we can proceed" (bold added for emphasis).

Based on the issues in this election, I cannot proceed. There is not a "compelling proportionate reason to justify abortion." I am not willing to tell the victims of abortion that I valued changing "consumer capitalism," "militarism," and a "technological mindset..." more than their right to life. I would not have a clean heart or conscience.

Briefly changing subjects, I could go on evaluating some parts of Dr. Kane's "build up" approach, but I won't. I am getting tired of writing. Instead, I will just direct people to read the books that will be published describing how Clinton's administration passed regulations that forced Fannie and Freddie to outrageously provide mortgages to people that couldn't afford them. Although I know Dr. Kane's articles make it appear as if Democrats are infallible, this is actually true. To confirm for yourself, just Google "new regulations to provide \$2.4 trillion in mortgages for affordable housing for 28.1 million families." As we have now recently seen, this sure has helped "the least of our brethren."

Staying on topic, when I first read his article "Catholics for Obama?" I initially was impressed with Dr. Kane's comment, "Though my faith also obliges me also to continue to get the Democrats (and Obama) to change their position on abortion." However, after reading his second article, I have different thoughts. Does Dr. Kane really mean this or did he just throw this in for appeal? The best way Dr. Kane and others can "get the Democrats (and Obama) to change their position on abortion" is to cast their vote elsewhere. This is where actions speak louder than words. The clock is ticking. For every minute that passes, two babies are legally terminated.

Josh Meier is a senior at Regis College. He is pursuing a Bachelor of Science double-major in Accounting and Finance.

# Health Professions Career Fair

Tuesday, October 14, 2008

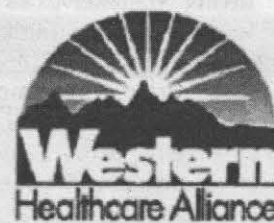
11:00 a.m. — 2:00 p.m.

Student Center, Dining Hall

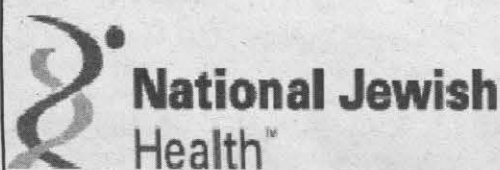
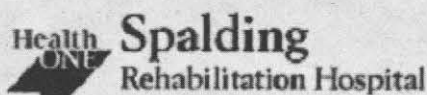
ATTENTION FUTURE HEALTH CARE PROFESSIONALS  
*Find out about Opportunities in Nursing, Physical Therapy, Health Care Administration and Information Management*

*Some of the employers attending:*

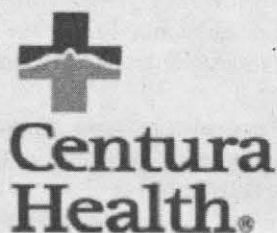
For a complete list of employers, please go to [www.regis.edu/careerservices](http://www.regis.edu/careerservices)



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For questions, please call 303-458-3508.

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PHOTO COURTESY of Amy Smith

**RUN RANGERS, RUN!** The Regis men's and women's cross country teams both participated in the Rocky Mountain Shootout in Boulder over the weekend. Front : Amy Smith, Samantha Comerci; 2nd Row: Whitney Unterreiner, Deanna Richert, Sonja Nelson; 3rd Row: Megan Vestal, Kelsey Schmidt, Kari Garren.

## Rangers at Rocky Mountain Shootout

**Jeremy Phillips**  
Sports Information Director

**Boulder, Colo.:** The Regis men's and women's cross country teams both participated in the Rocky Mountain Shootout in Boulder over the weekend. The women finished sixth in the non-Division I team race and ninth overall, while the men finished eighth in the non-Division I field and 11th overall.

Sophomore Matthew Drake led the Rangers with a 78th place finish in a time of 29:03 over the eight kilometer course. Close behind him were freshman Shawn Van Hoose and junior Sid White, finishing 81st and 86th respectively. Van Hoose covered the distance in 29:24 while White finished in at 29:38. Jr. Andrew Scott clocked in at 26:24.

The women were led by junior Amy Smith; she covered the 5.8 kilometer course in a time of 22:43 ranking her 14th overall and 7th against other Division II runners. Freshman Samantha Comerci tallied a 38th place finish in a time of 24:16. 17 seconds later, sophomore Sonja Nelson crossed the finish line to rank 46th.

Freshman Karoline Garren (57th-25:10), junior Deanna Richert (66th-25:27), Whitney Unterreiner (79th-26:08), junior Megan Vestal (90th-26:58), and sophomore Kelsey Schmidt (98th-28:40) also finished for the Lady Rangers.

Defending national champions Adams State took the women's team title, with Western State close behind. Similarly for the men, the Grizzlies of Adams State captured the team title, with Western in second.

## Cross Country Rangers push for success

**Amy Smith**  
Staff Reporter

It's 6:30 am on a Monday morning. As the sun slowly inches up over the horizon, shades of gold and orange blanket the wet grass on the soccer fields. Crisp air simmers in the atmosphere, offering a fresh, yet chilly sensation. While a vast majority of students sleep peacefully beneath their warm blankets, the Regis University men's and women's cross country team are tying their shoelaces, stretching, and preparing to endure another fast paced interval workout: 12-15x500 meters. This is nothing unusual for this group of young, ambitious athletes-only a typical Monday morning at the pinnacle of the fall.

"At first, it's difficult waking up that early to train so hard-and while it's gotten easier I still get tired sometimes," says Samantha Comerci, a freshman recruit.

"It's really nice way to de-stress before the day starts though," adds Kari Garren, another freshman recruit.

Cross-country running requires a consistent day-to-day, year long commitment. Some argue it's a lifestyle involving proper nutrition, adequate sleep, self-discipline, moral support, and a hefty investment in new running shoes every month.

From late August to early November, the team of 9 women and 7 men consistently train 6 to 7 days a week. Training in-season consists of, but is not limited to, 500 meter interval repeats, 1000-1200 meter repeats, hill repeats, long hour and a half to two hour runs, brisk 45-70 minute runs, and weight training. In season, the women race on a 5 kilometer (3.1 miles) to 6 kilometer (3.8 miles) course. The men race on an 8 kilometer (5 miles) course.

At the intercollegiate level, the athletes balance the physically demanding elements of running and competing with all the other facets of life-such as school, work, community service, and social events.

"While training every day can get really draining, it's all worth it when

you cross that finish line," says Deanna Richert, a junior on the team, "It definitely gives me a sense of accomplishment".

At a collegiate cross country competition, each participant receives a number of points based on his or her finish. The top finisher of each race receives one point; the second place finisher receives two points, and so on. In the end, the objective is for each team to accumulate the lowest number of points possible. The team with the least amount of accumulated points wins the race.

The Regis University men's cross country team joined the NCAA Division II Rocky Mountain Athletic Conference (RMAC) in 1998 and the women joined in 2000.

Currently, the RMAC consists of 13 teams from Nebraska, New Mexico, and Colorado. In terms of cross country, RMAC is dubbed one of the top ranked conferences in the nation.

The Adams State women's team has won the Division II national title seven times in the past ten years, with Western State winning the other three times.

In the past ten years, the Western State men's team has won the national title six times; Adams State has won twice.

In 2006, former Adam's State Grizzly John Esquibel was hired as the Ranger's head coach. Prior to coaching at Regis, Esquibel competed at the national and international level. At Adams State he won four National Championships and was dubbed a 7-time All American. In 2005, he was inducted into the Adams State Hall of Fame.

After postponing his running career, he coached track and cross country at Cherry Creek High School, Westminster High School, and Ranum High School.

Mary Ortega, the assistant coach for the Regis cross country team, ran under Esquibel's wing at Ranum in 2003.

"Coach Esquibel truly helped me believe in myself as a runner," says Ortega, "if it weren't for him I wouldn't

have the passion I currently have for running-that's why I wanted to become the assistant coach-I wanted to share my passion with the runners at Regis."

Over the past three years, Esquibel has committed himself to developing the men's and women's teams and looks forward to what the future has in store for the program.

"It's really awesome to be a part of the RMAC because in order to become a stronger team, you have to race against the strongest teams-on the other hand it's difficult to do well in our conference because the competition is so competitive," says Esquibel, "but I've witnessed a lot of improvement on the team and it's really exciting."

Since 2006, the women's team has gradually performed stronger and stronger. This year, the women took 3rd place out of 11 of Division II teams at the Notre Dame Catholic Invite in South Bend, Indiana. The women also had a strong performance in Alamosa, racing against nationally ranked Adams State and Western State, with one competitor finishing in the top ten and several others finishing in the top 35.

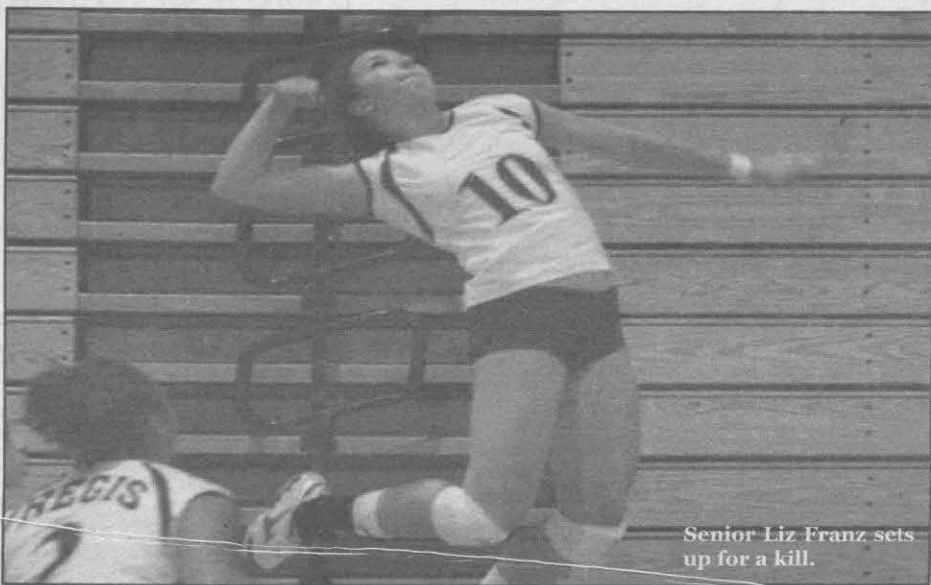
The men's team has improved over the past several years as well. Since last season, several runners have dropped 2-3 minutes from their race times. As a team, the men continue striving to become stronger.

"This year my goal has been to drop my times-but next year my goal is to place well in competitions," says Kyle Harris, a new member of the men's team.

For the remainder of the season, the Rangers will travel to the University of Nebraska at Kearney twice and Mesa State once.

"Running on this team gives me a real sense of accomplishment," says Richert, "the principles of running really transcend to all areas of life-while some days are challenging; others are really rewarding. In the end we keep pushing through thick and thin to the best of our ability."





Senior Liz Franz sets up for a kill.

PHOTO SOURCE [www.regisrangers.com](http://www.regisrangers.com)

## Lady Rangers stand out against CSU-Pueblo, Adams State

**Jeremy Phillips**  
Sports Information Director

### Oct. 10 - Regis vs. CSU-Pueblo

Senior Liz Franz pounded home 13 kills as the Lady Rangers volleyball team easily outlasted CSU-Pueblo Friday, Oct. 10, in three sets, 25-18, 25-20, 25-13. Regis forced CSU-Pueblo into 23 hitting errors in just 95 attacks and just a .074 hitting percentage.

Regis meanwhile, hit .273 including Franz's 13 kills in just 17 swings. Freshman Liz Kann had another solid game with seven kills and just one error while sophomore right-side hitter Kerry Grady also collected seven kills. Sophomore setter Jessica Howe tallied 32 set assists with freshman Cassidee Young getting her 13th double-figure dig game of the season with 10.

### Oct. 11 - Regis vs. Adams State

The marathon week for the Regis Rangers began well for the Rangers, but the toughest test came Saturday night, Oct. 11, against Adams State. Yet, the Rangers passed with flying colors as they beat the Grizzlies 3-1 (25-20, 25-18, 18-25, 25-18).

Regis (11-8, 7-4 RMAC) won their fourth game in a row behind the strong right arms of Jessica Howe, Liz Franz and Kerry Grady. The 6-0 sophomore

outside hitter Howe, again led Regis with 17 kills and a .364 hitting percentage. Regis hit .204 for the match and are now a perfect 9-0 when they hit .200 or better in a match. Senior middle hitter Liz Franz had 11 kills on just 24 swings, while sophomore right-side hitter Kerry Grady was also in double figures with 10 kills.

The two freshman libero Cassidee Young and Liz Kann were again superb on the defensive end. Young ended with a match-high 20 digs while Kann established a career high with eight blocks to go along with seven kills. Junior outside hitter Maggie Workman tallied nine kills and nine digs, just missing her second double double of the season.

Sophomore setter Devin Eckhardt had a match-high 50 set assists, her 10th match with 40 or more assists and the 24th of her career.

Adams State (8-10, 5-6 RMAC) was led by RMAC leading hitter Andrea Tuck's by 17 kills while Darcy Jennings was next with 11 kills.

Regis will travel to New Mexico this weekend as they take on Western New Mexico on Friday night, followed by a match with New Mexico Highlands on Saturday. Both games start at 7 p.m. and can be seen live via the website [regisrangers.com](http://regisrangers.com).

## Regis men's golf 15th after day one of Grand Canyon Invite



Josh Wagner sets up for a clean shot.

PHOTO SOURCE Jeremy Phillips

**Jeremy Phillips**  
Sports Information Director

The Regis men's golf team went west to take place in one of the toughest college tournament's in the country, with six teams either ranked or receiving votes including day one leader CSU-San Bernardino. Regis is currently 15th with a 614 trailing CSU-San Bernardino which shot a 16-under 560.

Freshman Charlie Marusiak who is from the Phoenix area showed the effects of playing near home as he lead the Rangers with a 3-over 147. Junior Josh Wagner was next carding a 4-over 148 to put him in a tie for 32nd place. Sophomore Zach Johnson finished the 7,121 yard course with a 16-over 160, followed closely by freshman Robert Quick's 161 (+17). Freshman Ben Davis was the fifth golfer for Regis and sported a 163 (+19).

## Rangers blank Mesa State 2-0

**Jeremy Phillips**  
Sports Information Director

Lightning halted the men's soccer game against Mesa State last Sunday, Oct. 5. However, the match, which was continued nearly 24 hours later did not disappoint.

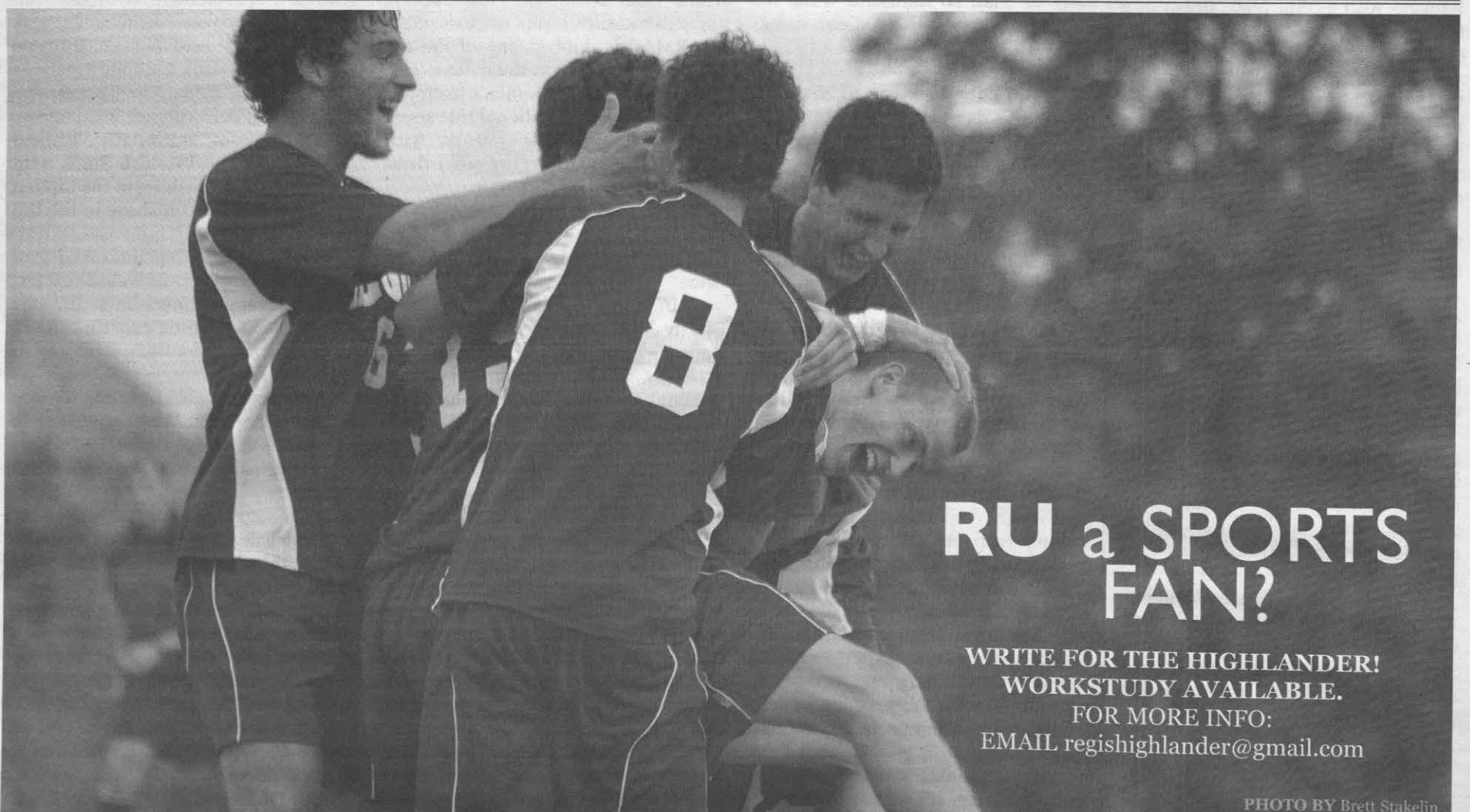
Early on both teams used their skilled defenses and some hard hitting as each team had only two shots apiece through the first 23 minutes of play. Regis scored their first goal of the game at the 28:11 mark. Sophomore Sterling Copeland dribbled down the left side, crossed the ball into the middle and found fellow sophomore

Nathan Kafer in front of the goal. Kafer scored his fourth goal of the season tying him with Copeland.

The rough play got even rougher a few minutes later when after a foul call on Mesa State, the Mavericks lost a player with two yellow cards and subsequently a red card given within 30 seconds of each other.

Regis tallied their final goal of the match at the 64:35 mark as senior Jordan Finley scored his second of the season assisted by Copeland and junior Matt Gonzales.

Junior goalkeeper Wally Fink picked up his second win of the season and his first shutout with four saves.



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PHOTO BY Brett Stakelin



# HAUNTED AT THE CAPITOL

## A FEW SPOOKS FOR THE ADVENTUROUS

Angela Shugarts  
Staff Writer

The fall season brings the sounds of cawing crows and rustling leaves that set the mood for the Capitol Hill Haunted Tour. The tour looks at the Capitol, the Croke-Patterson-Campbell Mansion, the Sheedy Mansion, the Whitehead-Peabody Mansion, and many other spooky places along the way.

Kevin Pharris, coordinator of Denver History Tours, is one of many guides sharing tales that are "both ghoulish and gory."

The tours first began in 2005, when Pharris decided to give tours as a business (instead giving free tours for his students) and examine the histories and legends behind Capitol Hill's mansions and other buildings. It journeys along what is called "Millionaires Row" where infamous families like the Tabors, the Evans, and the Cheesemans lived in what were once considered "middle class abodes."

### The Cresswall Mansion

The first stop on the tour begins with a lightly spooky story of the Cresswall Mansion. The Mansion once served as apartment rentals that are now leased office spaces. There are no records of paranormal activity in the mansion, however the devilish smirking stone façade architecture on the front of the building suggests otherwise.

Employees of the current office spaces recall uncomfortable feelings when inside the mansion. One woman who worked in the mansion during its apartment rental operations noted the difficulty in keeping tenants in the rooms. "They get a feeling that someone looking at them from behind," says Pharris. "It's a continual feeling of threat."

### The Whitehead-Peabody Mansion

Dr. William R. Whitehead was the original owner of the Whitehead-Peabody Mansion (built in 1889). Whitehead performed many operations during the U.S. Civil Wars. He even operated on the Confederate General Thomas "Stonewall" Jackson who died during an arm amputation under the knife of Dr. Whitehead. Little did Whitehead realize that Stonewall's death and the death of his patients would be the sources of the mansion's hauntings. Legend has it that Whitehead's traumatized soldiers haunt the mansion in rage for killing their leader and fellow soldiers.

However in the early 1900's Governor James Peabody bought the mansion. During his rein, the state mining communities held many strikes that were often violent. Legend has it that a miner, angry at the chaos erupting under Peabody, wrapped dynamite around himself and exploded, killing himself and the people in the lobby of the mansion. The public blamed Gov. Peabody for killing the miners.

See Spooks on page 14

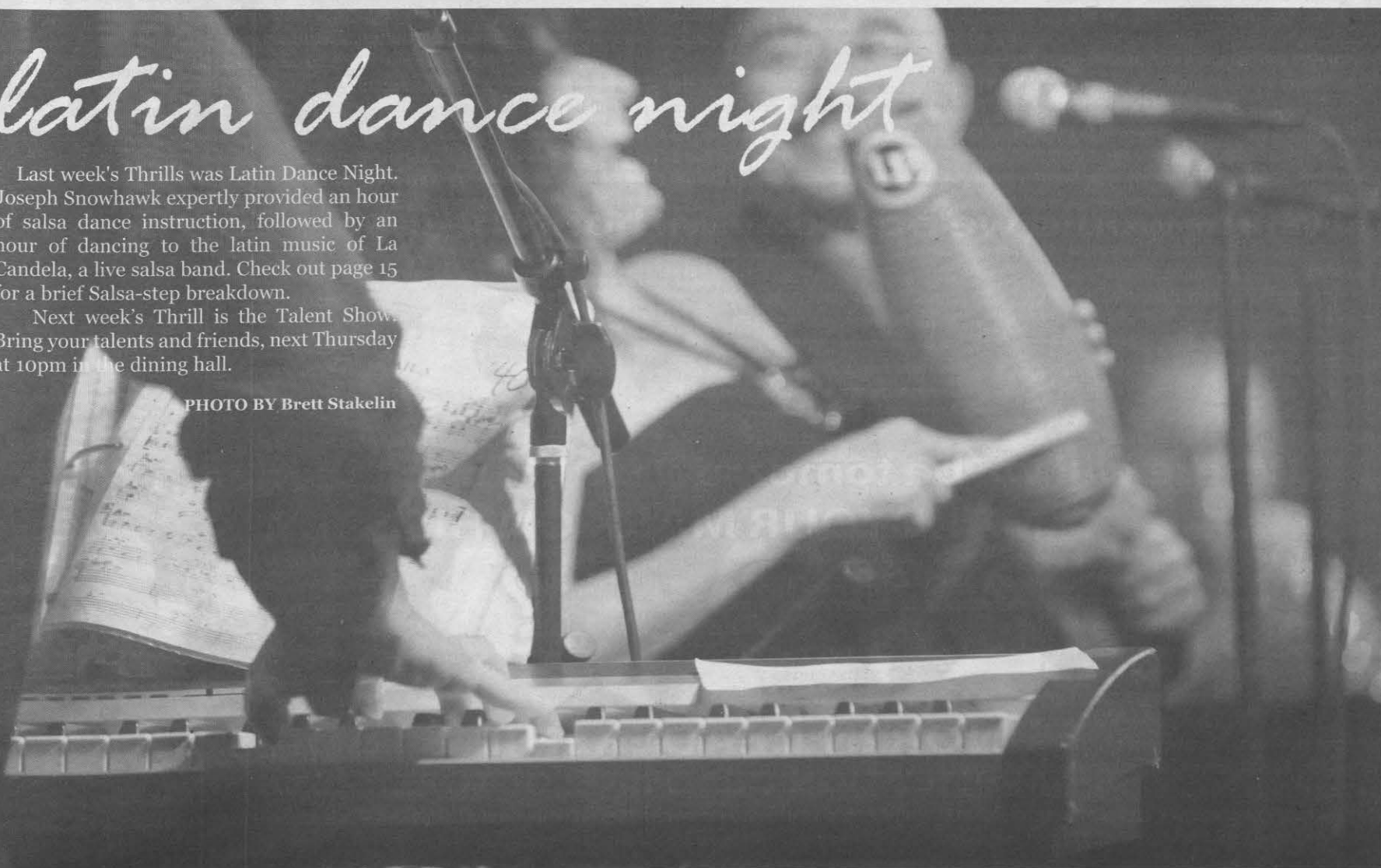


## latin dance night

Last week's Thrills was Latin Dance Night. Joseph Snowhawk expertly provided an hour of salsa dance instruction, followed by an hour of dancing to the latin music of La Candela, a live salsa band. Check out page 15 for a brief Salsa-step breakdown.

Next week's Thrill is the Talent Show. Bring your talents and friends, next Thursday at 10pm in the dining hall.

PHOTO BY Brett Stakelin





## Spooks from page 13

In the 1980's, the mansion transformed into a series of nightclubs and bars where employees noted paranormal acts of utensils flying across the room and beer glasses spilling over. Mediums and numerous séances were conducted in the mansion for paranormal activity which yielded abundant energies in the basement and main levels of the mansion. In particular, a woman ghost haunts the mansion after killing herself when her fiancé left her at alter.

Kevin Pharris, the tour guide, told a first hand testimony of his experience inside the mansion. "Going down into the basement I walked down these hollow wooden stairs and my first step on the floor of the basement I felt like I was walking on bones." Though Pharris claims it was probably just nerves he was still "creeped out" and felt very very unwelcome in basement.

### The Croke-Patterson-Campbell Mansion

Dubbed the "Most Haunted Building in Capitol Hill" by Ghost Hunter Magazine in Oct. 2002, the Croke-Patterson-Campbell Mansion has had its share of owners and hauntings. Mr. Croke hired an architect to build his home but upon moving in, he did not like the design of the home and sold it immediately.

The second owner, Mr. Patterson, was the head of a local newspaper agency which he used as a platform to announce his democratic views to the public. After his daughter married a staunch Republican by the last name of Campbell and moved into the mansion, spirits began to hover over the newlyweds.

"They had to live as good republicans to atone for her father's demo-

cratic sins," says Pharris, "back then the ghosts were partisan," he joked. After a few years the Campbell's moved out of the mansion and the building cycled through a series of apartment rentals to single family homes. During its apartment phases, residents claimed they felt someone in the room watching over them. Sounds of a baby crying on the top floor heard by tenants and staff also suggest paranormal activity.

Because the mansion transitioned from apartments to single-family homes so often, vandalism of the mansion occurred often. After multiple guards quit the job of securing the mansion during construction, watchdog Dobermans were placed in charge to ward off vandals.

This tactic proved unsuccessful once tenants found that the Doberman

had leapt to his death from the top story of the mansion as if he was being chased out the window. Another Doberman replaced the first watchdog but oddly enough died in same fashion. The last Doberman placed in the mansion as a watchdog was mercifully spared. However, the dog was found inside the mansion, cowered down, scared, and shaking violently, covered in his own drool and waste.

Recently a former owner of the mansion gave a private tour of his place upon noticing the tourists outside his window. He told of one strange experience he had in his bathroom when brushing his teeth. The bathtub curtain was shaking, but thinking it was one of his cats, he pulled the curtain back, saw nothing, and went back to brushing. A few moments later shower curtain and rod leapt off its tracks, flew

**ARE YOU AFRAID OF THE DARK?** Head over to the Croke-Patterson-Campbell Mansion for your spookiest Halloween experience to date. Dubbed the "Most Haunted Building in Capitol Hill" according to Ghost Hunter Magazine in Oct. 2002, the Croke-Patterson-Campbell Mansion has had its share of owners and hauntings.

PHOTO SOURCE travel.webshots.com

## horoscopes

by Joey Ruffini, Master of the Cosmos

**Aries:** Fortune smiles upon you this week, as it becomes slowly clear that you have no control over the actions of others. It will be a hard learned lesson, but one that will save you heartache in the future. Avoid Pisces for they are planning your downfall.

**Taurus:** This week you will find love in the most unlikely of places. This would be the perfect week to go to new places. You never know what awaits you around the next turn. Avoid comic book conventions and Pisces (they are planning your downfall).

**Gemini:** The stars look down upon you this week and laugh, as you will forget to complete a major project until just moments before the deadline. This will haunt your dreams for decades. Avoid Pisces; they are planning your

downfall.

**Cancer:** Don't count your chickens before they hatch, eat your vegetables, get to sleep by ten, and limit your TV to a half an hour a day, and you will feel exactly as you do now. This week, Pisces are to be avoided as your downfall is being planned.

**Leo:** It is time to embrace your inner child. Go and buy yourself an action figure, despite what your friends say. You will still be "cool" in the eyes of the cosmos. Pisces are not to be trusted as they are known for planning the downfalls of others.

**Virgo:** This week an old flame will return to your presence. The next step is up to you for in this case the stars are neutral. Avoid them if they are a Pisces however, as their return may be part

of an elaborate attempt to bring about your downfall.

**Libra:** Woe to thee the most unfortunate of signs, for this week the heavens laugh at your vast misfortune. Avoid the IRS as they carry bad news for you. Also avoid Pisces as they also will be instrumental in your downfall.

**Scorpio:** This week you will discover that the joy brought to you by material things is more than you need, and shun all human contact, especially Pisces for the fear that they will try to bring about your downfall.

**Sagittarius:** This week you should purchase a lotto ticket. Play the numbers 9, 3, 7, and 9 and you will be sure to lose. DO not share this fact with Pisces, who are looking for a way to plan your downfall.

**Capricorn:** Due to the Halloween spirit, someone will ask your sign. When you respond, they will assume you have said "candy corn" and try to eat you. This is especially true of Pisces who will seize the opportunity to ensure your downfall.

**Aquarius:** Your obsession with the opposite sex will not pay off this week either. You may consider the need to find a new hobby. Golf perhaps. Watch for downfall planning Pisces, they have it out for you.

**Pisces:** This week you shall unite with you brethren to plan the downfall of the other signs in an elaborate and impromptu attempt at world domination. Alas you shall fail at the hands of an Aquarius who will take down your leader with a stray golf ball.

## Where would we be today without the leaders of the past?

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The Marc Sabatellia Trio jazzed it up at Berkeley Church last Monday night, Oct. 6.  
PHOTO BY Brett Stakelin

## The joys of thrift store shopping

**Bobby Guerrero**  
Staff Writer

A cliché as old as college itself is that of the broke college student. The best way to pinch your pennies and stretch your dollars is by thrift store shopping. Whether you're looking for an addition to your wardrobe or some furniture to spruce up your living space, thrift stores have it (and for cheap!).

By no means will any and all of the excellent goods thrift stores have to offer fall into your hands, but herein lies half the fun. You have to jump in, get your hands a little smelly, and hunt for those diamonds in the rough. Thrift store shopping is like prospecting, you have to sift through a lot of dirt to get the valuables.

Denver offers many, many opportunities to purchase your merchandise for prices unbeatable by any place other than a thrift store. In this column, I hope to point you in the direction of cheap clothes, furniture, outdated electronics, appliances, and anything else you may feel inclined to buy.

**Goodwill Headquarters - 6850 Federal Blvd.**

If you haven't already discovered it, the Goodwill just north of Regis on Federal Blvd is a thrift store of epic proportions. Located a few blocks past the I-76 intersection, this Goodwill headquarters is hard to miss. Their

advertised "99¢ Ropas[clothing]" was enough to get me into the store.

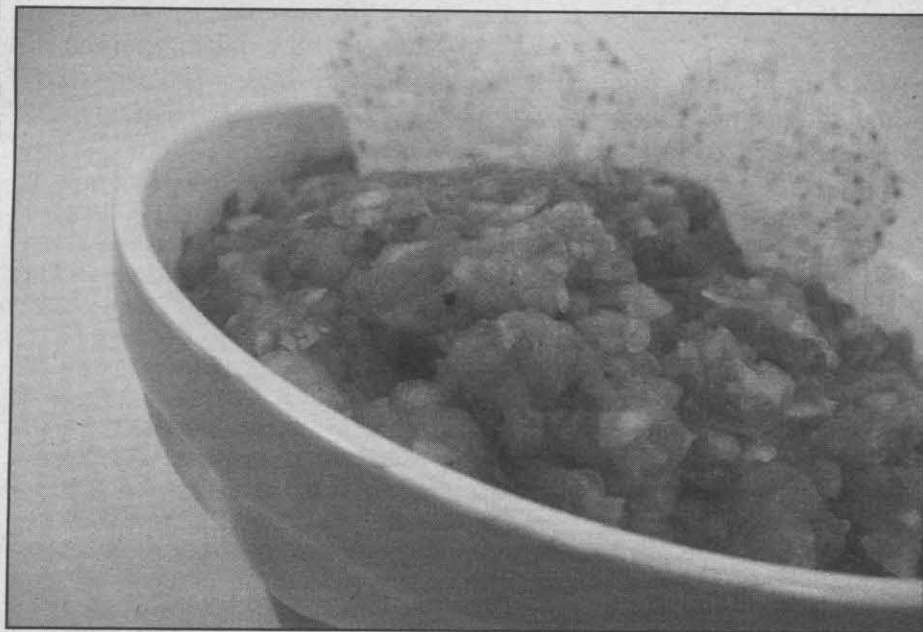
Once you enter, you find yourself at the bottom of two levels of clothes. The lower level is men's clothing, while the larger, upper level is filled with women's. As with all thrift stores, there is an abundance of t-shirts from past events and a wide selection of Christmas sweaters. With a little patience though, there are items to be found that are beyond wearable and in fact, cool.

Past the clothing section of the store, you start to get into more miscellaneous items. From Halloween costumes and kitchen wares to electronics and toys, this Goodwill has a little bit of everything. Its fame, or at least among the first floor residents of DeSmet, comes from the store's wide selection of furniture.

On this trip, I left the store with a grey sweater, set of Beethoven records (which has set me on a hunt for a record player), and a swing. Freshman Sean Bonser succeeded in furnishing/decorating his dorm with two couches and a bag full of vinyl records. Brittany Boland was able to find a very nice pink and purple reversible Columbia jacket, a perfect example of a diamond in the rough.

Overall, this Goodwill has a great selection of...just about everything. The combination of 99¢ clothing items and the large selection of furniture will definitely warrant another visit by me.

## Try this at home! Yumm-o Salsa



**Andrea Minhas**  
Contributing Writer

On Monday Sept. 15, Mi Gente sponsored a salsa contest in honor of Hispanic Heritage Month. Two students and one faculty member made their best salsas for the contest. Anyone passing by the student center was given the opportunity to taste the salsas and vote for which one they liked best. Maura Scherrer from University Relations received the vote for the tastiest salsa! Here is Maura's tasty recipe for you to try:

**OKOOKO SALSA NOPU**  
(Blazing Hot Salsa from the Sun)

- \* All ingredients should be fresh
- 5 Roma tomatoes
- 1 Tomatillo
- 1/2 Large Onion
- 3 - 4 Cloves of Garlic
- Several pinches of Cilantro
- Juice from 1 Lime
- 2 Jalapenos
- 2 Tbsp. Sugar
- Salt to taste

Chop up or dice small all ingredients  
Mix everything together, and let sit overnight. Makes 1 quart.

## step by step

The step number represents the beat of the music. "Break" means stepping forward quickly and rocking back- breaking your momentum.



**STEP 1**

While facing partner, step forward with right foot.

**STEP 2**

Break forward with left foot.

**STEP 3**

Move weight back onto right foot.

**STEP 4**

Hold this beat.



**STEP 8**

Hold this beat.

**STEP 7**

Move weight forward onto left foot.

**STEP 6**

Break back with right foot.

**STEP 5**

Step back with left foot.

## Salsa Dancing in Denver

### D-Note

7519 Grandview Ave., Arvada  
303-668-7355  
Sundays, 8:30 - midnight.  
DJ plays 80% salsa.  
Free Salsa lesson with Joseph Snowhawk at 7:45 p.m.

### Blue Ice

22 Broadway, Denver  
303-777-3433  
Fridays, \$5 cover; DJ plays salsa mix and world music.

### The Church

1160 Lincoln, Denver  
303-832-3528  
Saturday: 9 p.m. - 2 a.m., lesson 9 p.m., DJ's, sometimes imported, play mostly Latin mix on 3 dance floors.  
Cover: \$15 guys, ladies free before 10 p.m. 21+, very young crowd.

Steps adapted from [www.justsalsa.com](http://www.justsalsa.com)



COMMUNITY/CAMPUS EVENTS

**Monday, October 13**  
**"Prozac Nation" Movie Night**  
In recognition of Depression Awareness and Screening Day, Active Minds at Regis University is sponsoring this viewing and a brief discussion after the film. Come by the Ranger Grille from 7:30-9:00 p.m.

**Tuesday, October 14**  
**Health Professions Career Fair**  
If you are planning on a career in nursing, physical therapy, health care administration or health information management, don't miss this opportunity to meet with over forty of the most prestigious health care employers in Colorado and the surrounding regions. Stop by the Student Center Dining Room between 11 a.m.-2 p.m. to get in on this great opportunity!

**An Evening of Political Discernment**  
In the spirit of St. Ignatius of Loyola, take time to stop, pray and think about how God is calling upon you to be an active, concerned citizen.  
  
Come by the St. John Francis Regis Chapel from 9-10 p.m. This event is sponsored by the Peer Ministers and the Institute on the Common Good.

**Wednesday, October 15**  
**Final Presidential Debate**  
Make sure to stop by the Ranger Grille at 7:00 p.m. to hear Senators McCain and Obama in their final debate. RUSGA will moderate an open forum/discussion following the debate.

**Wednesday, October 22**  
**Nita Gonzales speaks about the Chicano Movement**  
Nita Gonzales, daughter of the late Corky Gonzales, will speak about the Chicano Movement and achievements in public school reform, community organizing, and efforts for better public housing. This speaker is sponsored by the Diversity Office, Dr. Nikki Gonzales, and Mi Gente. The event will be held in the Science Amphitheater at 4:00 p.m.

**Monday-Tuesday, October 20-21**  
**Fall Break 2008!!!**  
The Highlander wishes all our readers a well-deserved four-day weekend.

**Monday, October 27**  
**Information Session about spending a semester in Washington D.C.**  
The Regis College Semester in Washington D.C. is conducted in

partnership with The Washington Center for Internships and Seminars. This opportunity provides students with the opportunity to earn 15 credits during a semester of experiential immersion in our nation's capital. Students earn credits in three ways: the internship, an academic seminar, and an independent study project. An information session will be held from 4:30-5:30 p.m. in West Hall Conference Center. If you have questions contact Lynne Montrose at lmontros@regis.edu.

**Month of October**  
**Volunteer for the Denver Children's Museum Trick Or Treat Street Event!**  
This service opportunity will allow you to participate in a fun Halloween event! Volunteers are needed for set up shifts on Monday, Oct. 27 anytime from 9 a.m. -3 p.m. and Tuesday, Oct. 28 anytime from 9 a.m. -7 p.m. The Trick or Treat Street Event will be held Wednesday, Oct. 29 from 8:30 a.m.-8:30 p.m., Thursday, Oct. 30 from 8:30 a.m.-8:30 p.m., and Friday, Oct. 31 from 8:30 a.m.-9 p.m. If you are interested please pick up an application ASAP so they can get turned in and you can get a time to sign up. This is a great outreach to our community and a lot of fun! For an application or more information contact Jackie Fulkrod at fulkr661@regis.edu.

**Crazed Cornfield Maze**  
This 14 acre cornfield maze will have you twisting and turning in tall corn! Come and test your directional skills. The maze is open throughout October, Tues.-Sun. from 10:00 a.m.-sundown. The maze is located on the southeast corner of 104th Ave. and Riverdale Road. To get there by bus take the #31 located at Federal and 50th north to 92nd. Transfer to 92nd Crosstown (east) to 104th. (Visit [www.rtd-denver.com](http://www.rtd-denver.com) for a detailed trip-planner). Tickets for admission are \$8.00. For more information visit [www.crazed-cornfieldmaze.com](http://www.crazed-cornfieldmaze.com).

**Denver Botanical Gardens Fall Attractions**  
The Botanical Gardens at Chatfield features a 10 acre pumpkin patch, 8.5 acre award winning corn maze, and the Butcher Haunted House. This year's maze design highlights an intricate picture of the globe in honor of our sustainability efforts. The maze includes two illuminated observation bridges that provide a bird's eye view to help you navigate. "The Butcher" house is filled with terrifying live actors, amazing special effects, and incredible monsters.  
  
For more information about all these events and ticket prices visit [www.botanicgardens.org/content/corn-maze](http://www.botanicgardens.org/content/corn-maze) or [www.botanicgardens.org/content/haunted-house](http://www.botanicgardens.org/content/haunted-house).

SUDOKU

1		3						5
7	2	6			8			
8			3		2	6		
3		7		6		1		
2	8		1		4		6	7
		9		8		4		2
		1	5		6			3
			8			7	4	6
9						5		1

Solution can be found at [krazydad.com/sudoku](http://krazydad.com/sudoku), "Easy," puzzle #71.

Spend a Semester in Washington D.C.

The Regis Semester in Washington D.C. provides students with the opportunity to earn 15 credits during a semester of experiential immersion in our nation's capital.

REGIS COLLEGE INFORMATION SESSION:  
MONDAY, OCTOBER 27TH  
WEST HALL CONFERENCE ROOM  
4:30 P.M. - 5:30 P.M.



Questions? Contact Lynne Montrose  
lmontros@regis.edu